

Rutgers Children's Center for Resilience & Trauma Recovery

R U AWARE?



DID YOU KNOW??

1 in 5 teens has a serious mental illness

Suicide rates for youth in NJ have increased 40% since 2002

If you know what to do you are more likely to take action

Early Intervention is KEY in resilient outcomes

For training/consultation requests please contact us at cctr@ubhc.rutgers.edu

Question Persuade Refer (QPR) Youth Suicide Prevention Webinar Dates

Presented by: Dr. Kelly Moore & Dr. Schenike Massie-Lambert

QPR is a 2-hour presentation that covers the three steps anyone can learn to help prevent suicide. Just like CPR, QPR is an emergency response to someone in crisis and can save lives.

PLEASE JOIN US AT ONE OF THE DATES BELOW!

**Wednesday, May 20, 2020
1:30pm-3:30pm**

**Wednesday, June 3, 2020
1:30pm-3:30pm**

**Wednesday, June 24, 2020
1:30pm-3:30pm**

Please register by clicking on the date you are interested in.
Check out our website: www.RUkidsResilient.org and follow us on twitter: @CctrU

RUTGERS HEALTH
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